

ready prepared clean warm bed, with the head low and turned to one side, with towel and flat basin in position, so that vomited matter and saliva may run out at the lower angle of the mouth.

The patient should have a blanket under and next him, surrounded with well-protected hot-water bottles.

Keep surroundings quiet and as restful as possible, and watch for shock, vomiting, and hæmorrhage, and remain with him during unconsciousness.

After some forms of spinal anæsthesia the patient is immediately placed in the Fowler's position.

Take temperature, pulse, and respirations four-hourly.

Emergencies must be treated as they arise. Have ready vomit-bowls, towels, tongue forceps, swabs, blocks for raising bed, saline solution, with intravenous or intramuscular apparatus sterilised, stimulants, and hypodermic syringe. During the first forty-eight hours especially a careful record should be kept of all that happens to the patient as to sleep, pain, vomiting, urine, flatulence, &c.

HONOURABLE MENTION.

The following competitors receive honourable mention:—Mrs. C. Williams, Miss Rachel Dodd, Miss E. M. Taylor, Miss Norah Nash, Miss Mary Hunter Price, Miss P. Thomson.

QUESTION FOR NEXT WEEK.

Explain the preparation and materials necessary for the application of a plaster cast. Describe the process of applying a body cast, and the points to which the nurse who assists the surgeon should pay special attention.

NURSING ECHOES.

We are hoping Registered Nurses, and those who ought to be Registered, intend to show their interest in the forthcoming Election of their direct representatives on to the General Nursing Council by attending the Public Meeting to be held on Thursday this week at 11, Chandos Street, Cavendish Square, at 5 p.m.

Candidates for election who are already members of the G.N.C. will give an account of their stewardship during their term of office, and some of the new nominees will address their constituents and reply to questions.

As long as the organisation of charity is lucrative in cash and kudos it appears useless for trained nurses to protest against being

used as a bait for profit, and as objects of commiseration they will be presented to a sentimental and gullible public. Thus the Victory Ball—that annual event for which Miss May Beeman must find patronisers—is again exploiting our profession in the name of the Nation's Fund for Nurses. Surely the huge grant of Red Cross money handed over to it should have been a sufficient endowment for this demoralising Fund. The more cash its managers receive the more power to deprive us of professional independence is made possible.

A sale of work was held, last week, at Cavell Lodge, Tombland, Norwich, in aid of the Norwich District Association. It was attended by the Lord Mayor and Lady Mayoress and others. The Chairman, Mr. R. Jewson, said the Home itself was a perpetual memorial to that heroic woman who spent her life in ministering to the sick and suffering, and laid it down in the service of her King and country. Their work was carried on by a band of unselfish women who find their joy in the service of those who, in dire need, looked to the Association for help. They would be glad to hear that the work was progressing. Their nurses had made over 24,000 visits this year against 21,000 the previous year, and who could tell what relief, comfort, and courage one visit from a nurse may have brought to a suffering patient. They were there because this splendid work needed bolstering up by special efforts, and they were grateful to those who made the sale possible. The subscriptions of the healthy, wealthy and strong only amounted to £400. The patients in poor homes, with sickness in the house, and often with the bread-winner laid aside, contributed over £200.

It is well known to all those who have charge of mental patients how often their insanity takes the form of antipathy to those who care for them, and that to obtain release from the institution in which they are placed they make serious charges both against the nurses and the institution. Mrs. Gertrude E. Brundit, in the *Empire News*, expresses great indignation against the recent attacks made on the men and women who form the staffs of mental hospitals, and writes: "I can only describe such allegations as being the products of imagination. My own experience, and the experience of the twelve other members of my family who have been in asylum service, is that every care is shown by mental nurses towards the unfortunate people entrusted to their charge, and

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